

MARCH 06

COMMITTEE ON PEOPLE WITH DISABILITIES



6 P.M. - 8 P.M. • IN-PERSON & VIRTUAL

AGENDA

Mental Health: In Our Own Voice

In Our Own Voice is a unique and powerful public presentation that offers insight into the hope and recovery possible for people living with a mental health condition. Two trained volunteers from National Alliance on Mental Illness (NAMI) who both live with a serious mental health condition will share their personal journeys with mental health and what helps them stay well, and humanize this often misunderstood topic by demonstrating that it's possible—and common—to live well with mental illness.

Guest Speaker: NAMI, the National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Mental illness can be considered as a neurodivergent, emotional, or other disability protected by the Americans with Disabilities Act (ADA). CWA Local 1180's Committee on People with Disabilities has participated for many years in the annual NAMI NYC Walk to raise awareness and raise funds for services with people with this disability and their families. This year's NAMI NYC Walk will be on Sunday, May 19 at the South Street Seaport.

For questions or to receive RingCentral virtual access to this meeting, please email Edward Yood at envpush.yme@verizon.net by 5 p.m. on March 6, 2024.



LOCATION:

CWA Local 1180
3rd Floor Conference Room
6 Harrison St., NY

RSVP HERE

OR call Carmen Sejuelas at
212.226.6565

Registration closes
Mon., March 4
Space is limited.

CHAIR, EDWARD YOOD • CO-CHAIR, NORMA LYNCH • RECORDING SECRETARY, MIKE PRICOLI

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